

Veronica Esposito

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(510) 603-5157

EDUCATION

MA Counseling with honors, Saint Mary's College of Moraga, May 2022

Master's Project: **"How Transgender Individuals Access Gender-Affirming Care Through Informed Consent."** This project overviews the current state of gender-affirming medical care and how an informed consent framework is used to best serve transgender people.

BS Political Science and Economics, University of California at Berkeley, June 2001

COUNSELING EXPERIENCE

Staff Therapist, Eden Counseling Services, July 2021 - present

- Serve a diverse client population for weekly therapy both in-person and via telehealth
- Work with adolescent and adult transgender clients at various stages of development
- Experience serving youth and their families through a school-based environment
- Support other clinical staff through participation in weekly didactics, group-based supervision, and informal mentoring

Peer Support Specialist and Volunteer Trainer, Trans Lifeline, Oct 2018 - May 2021

- Answered well over 2,000 calls while building outstanding skills in support and communication with transgender individuals of varied ages, races, gender identities and abilities
- Experience with crisis intervention, resource procurement, counseling, and diverse populations
- Led Web-based trainings of volunteer operators; ongoing management of volunteer team
- Created a more inclusive, equitable environment through work in the equity caucus, plus attending trainings and contributing to initiatives around equity, cultural competence, and anti-racism

CONFERENCES AND INVITED SPEAKING

Sift Science (speaker), **"Fireside Chat with Veronica Esposito on Transgender Experience,"** June 22, 2022

Eden Counseling Services (didactic presentation), **"Serving Trans Clients,"** April 21, 2022

California Association of School Counselors (conference presentation), **"How School Counselors Can Make a Difference in the Lives of Transgender Youth,"** October 28, 2021